

IPAF SAFETY HARNESS TRAINING PROGRAMME ...



INTRODUCTION

AFI-Uplift is proud to be registered as an approved IPAF training centre. As the most established access platform training provider, recognised UKCG (United Kingdom Contractors Group), IPAF courses provide the ideal path to gaining qualifications.

Training for this course is for a minimum duration of 4 hours (1/2 day). Although training will cover a range of MEWPs (Mobile Elevating Work Platforms), if delegates require achievement testing on specific categories of machine, this should be highlighted when booking the course.

On successful completion, delegates who hold an IPAF PAL (Powered Access Licence) card will have it endorsed with this qualification. Those who don't hold a PAL card will receive an IPAF certificate.



COURSE ENTRY CRITERIA

- Applicants should be at least 16 years old and physically fit.
- It is desirable (but not mandatory) that applicants hold a valid IPAF PAL card.

N.B. If you have any concerns about whether you are eligible to undertake this course, please contact us.

COURSE OBJECTIVES

By the end of the course, the delegate will:

- Be able to identify and select the correct harness for use in a MEWP (Mobile Elevating Work Platform).
- Be able to inspect and maintain harnesses.
- Be able to correctly select, fit and use the identified harnesses.
- Be aware of relevant Health & Safety regulations.
- Be aware of personal protection equipment and requirements.

COURSE OUTLINE

- | | |
|--|--------------------|
| • Introduction: overview of course and legislation | THEORY |
| • Definition of work at height categories | THEORY |
| • Suitable harnesses for MEWPs | THEORY & PRACTICAL |
| • Correct fitting and adjustment of a full body harness | THEORY & PRACTICAL |
| • Selection of lanyard | THEORY & PRACTICAL |
| • Inertia devices: functions, operation and requirements | THEORY & PRACTICAL |
| • Suitable anchorage points | THEORY & PRACTICAL |
| • CE certification, conformity and record keeping | THEORY & PRACTICAL |
| • Harness inspection | THEORY & PRACTICAL |
| • Achievement testing | THEORY & PRACTICAL |
| • Course review and close | THEORY & PRACTICAL |



FOR COURSE AVAILABILITY AND BOOKINGS CONTACT AFI TRAINING ...

T: 08707 871511 www.afi-uplift.co.uk E: training@afi-uplift.co.uk

CLUNK CLICK EVERY LIFT WITH AN AFI HARNESS KIT ...



COMFORT KIT

Accredited to EN 361

- ◆ Ideal if you are wearing a harness all day
- ◆ All the benefits of the versatile standard kit
- ◆ Comfort pads



STANDARD KIT

Accredited to EN 361

- ◆ Ideal for the regular user
- ◆ Fully adjustable
- ◆ Two point harness
- ◆ Easy fit connectors
- ◆ Rip stitch indicators



BUDGET KIT

Accredited to EN 361

- ◆ Ideal for the occasional user
- ◆ Single point harness
- ◆ Rear attachment point
- ◆ Adjustable leg straps



All Complete with Adjustable Restraint Lanyard



ADJUSTABLE RESTRAINT LANYARD

- ◆ Made from 40kN webbing for greater strength
- ◆ Steel adjuster
- ◆ Length can be adjusted to suit the task in hand

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Terms & Conditions:

- * Offer only available at the time of booking a training course
- * AFI-Uplift reserves the right to withdraw this offer at any time

- * This offer cannot be used in conjunction with any other offer