

# LADDER / STEP LADDER TRAINING PROGRAMME ...



## INTRODUCTION

AFI-Uplift is proud to be registered as an approved training provider for The Ladder Association (formerly the BLMA). Certified training courses can be held at either one of our training centres or at your own premises, providing the facilities are suitable.

The course is for a duration of 1 day.

On successful completion, delegates will receive a Ladder Association certificate and photo ID card as proof of competence. The card is valid for 5 years.

## COURSE ENTRY CRITERIA

- Applicants should be at least 18 years old and physically fit.
- It is desirable (but not mandatory) that applicants are literate.

*N.B. If you have any concerns about whether you are eligible to undertake this course, please contact us.*

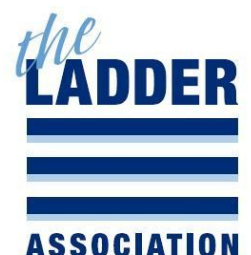
## COURSE OBJECTIVES

By the end of the course, the delegate will:

- Be fully aware of the relevant Work at Height Regulations.
- Be fully aware of product types and classifications.
- Be fully aware of the hazards associated with use.
- Be able to select appropriate equipment.
- Be able to assess appropriate use.
- Be able to safely locate and use ladders / step ladders.

## COURSE OUTLINE

- |   |                    |
|---|--------------------|
| • Introduction: overview of course requirements |                    |
| • Legislation & regulations                     | THEORY             |
| • Product standards & classifications           | THEORY & PRACTICAL |
| • Hazards                                       | THEORY & PRACTICAL |
| • STEP format                                   | THEORY & PRACTICAL |
| • Selecting appropriate equipment               | THEORY & PRACTICAL |
| • Pre-use checks                                | THEORY & PRACTICAL |
| • Inspection & maintenance                      | THEORY & PRACTICAL |
| • Correct location & use                        | THEORY & PRACTICAL |
| • Practical test                                |                    |
| • Course review and close                       |                    |



**FOR COURSE AVAILABILITY AND BOOKINGS CONTACT AFI TRAINING ...**

**T: 08707 871511 [www.afi-uplift.co.uk](http://www.afi-uplift.co.uk) E: [training@afi-uplift.co.uk](mailto:training@afi-uplift.co.uk)**