



DURATION

2 Days

WHO SHOULD ATTEND

This programme is designed for Managers, Supervisors and Operatives working as contractor site personnel.

AIM

To provide contractor site personnel with an underpinning knowledge of health and safety to enable them to work on a site more safely, with lower risk to themselves and others.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID Cards.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply.

COURSE CONTENT

- ◆ Introduction to Health and Safety Law and Permits to Work
- ◆ Safe Working Practices and Scaffolding
- ◆ Safe Access and Egress
- ◆ Accident and First Aid Procedures
- ◆ COSHH and PPE
- ◆ Manual Handling
- ◆ Noise
- ◆ Working with Cranes and Heavy Plant Equipment
- ◆ Excavations

KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Summarise the requirements of the legislation associated with construction activities
- ◆ Appreciate the importance of working in a safe environment and implement good practice on site
- ◆ Select and use appropriate personal protective equipment (PPE)

The training methods for this course include a high proportion of discussions, case studies and syndicate exercises, supplemented with video and classroom based tutorials.

... To Book Your Course Call AFI Training on 08707 871 511