



DURATION

1 Day

WHO SHOULD ATTEND

This course is designed for all construction operative staff who require an understanding of health and safety regulations relating to construction activities. This course may be used as training prior to CPCS assessments and attendance of the CITB health and safety touch-screen test.

AIM

This course, together with the experienced gained, will provide site staff a clear understanding of how health and safety affects their role and practical steps to take to ensure safe practice on a construction site.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID cards.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply.

COURSE CONTENT

- ◆ Legislation
- ◆ Personal Protection and The Use of PPE
- ◆ Accident Prevention and Control
- ◆ COSHH Regulations
- ◆ Health and Hygiene
- ◆ Fire
- ◆ Dangerous Occurrences and Reporting Procedures
- ◆ Manual Handling
- ◆ First Aid
- ◆ Noise and Vibration
- ◆ Electricity at Work

KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Summarise the requirements of the legislation associated with construction activities
- ◆ Appreciate the importance of working in a safe environment and implement good practice on site
- ◆ Select and use appropriate personal protective equipment (PPE)
- ◆ Undertake CPCS assessments in-line with construction health and safety regulations
- ◆ Confidently sit the CITB health and safety touch-screen test without feeling anxious about being under test conditions

The training methods used in this course include a high proportion of discussions, case studies and syndicate exercises, supplemented with video and classroom based tutorials.

... To Book Your Course Call AFI Training on 08707 871 511