



DURATION

1 Day

WHO SHOULD ATTEND

This programme is designed for Managers and Supervisors who have a responsibility for working at heights within their organisation.

AIM

To provide delegates with a thorough understanding of the new 'Work at Height Regulations 2005', dangers associated with this type of work and how to implement the regulations and safe practises into their workplace.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID Cards.

Delegates attending this course should be physically and mentally fit to withstand the rigours of training. The content of this course includes awareness of periodic examinations of equipment. The course does not provide full training in maintenance of equipment. Additional training relating to this subject may be of benefit to delegates.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply. Please ensure the practical area is free from harm, suitable for training and that it has been risk assessed.

COURSE CONTENT

- ◆ Legislation
- ◆ Organisation and Planning, Competence and Risk Assessment
- ◆ Selection of Work Equipment; Guard Rails / Toe-boards, Working Platforms, Ladders, Positioning Systems, Fall Arrest and Restraint Systems
- ◆ Fragile Surfaces
- ◆ Falling Objects
- ◆ Inspections, Including Records and Reporting

KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Summarise the Work at Height Regulations and associated legislation and be fully aware of their legal responsibilities
- ◆ Plan and organise the work, using competent people and undertake a risk assessment
- ◆ Select the correct work equipment and restraint systems to help prevent falls from height
- ◆ Carry out inspections of equipment to ensure they are safe and fit for purpose
- ◆ Keep accurate records and report dangerous occurrences in line with the legislation (RIDDOR)

The training methods used for this course include a high proportion of discussion and group participation, supplemented with video and classroom based tutorials as well as practical exercises.

... To Book Your Course Call AFI Training on 08707 871 511