



DURATION

1 Day

WHO SHOULD ATTEND

This programme is designed for delegates whose employment requires them to manage a medical situation until help arrives. Alternatively where an employer's assessment of first aid identifies that a First Aider is not necessary, the minimum requirement is that they appoint a person to take charge of first aid facilities and emergency arrangements.

AIM

To provide delegates with the ability to undertake basic life support and emergency procedures in the event of an accident or injury to a work colleague until trained help arrives.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID Cards.

Delegates attending this course should be physically and mentally fit to withstand the rigours of training.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply.

COURSE CONTENT

- ◆ Action to be taken at the scene of an accident
- ◆ CPR Resuscitation
- ◆ Heart Attacks
- ◆ Shock
- ◆ Bleeding
- ◆ Electrical Injuries
- ◆ Burns
- ◆ Choking/Asthma
- ◆ Poisoning
- ◆ Customer Specific Requirements

KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Understand the role of an Appointed Person in reference to the Health and Safety (First-Aid) Regulations 1981
- ◆ Maintain first aid equipment
- ◆ Record and report accidents and injuries in the workplace (RIDDOR)
- ◆ Perform basic first aid and life support in the absence of a First Aider

The training methods used for this course include a high proportion of practical exercises, supplemented with classroom based tutorials.

... To Book Your Course Call AFI Training on 08707 871 511