



DURATION

4 Days

WHO SHOULD ATTEND

Where an employer's assessment of first aid needs identifies that a First Aider is necessary, or those who want to gain the most comprehensive introduction to first aid.

AIM

To provide delegates with the necessary knowledge of the responsibilities of being a First Aider. Delegates will have a base knowledge of how to correctly react and treat the various first aid situations that may occur in their place of work.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID Cards.

Delegates attending this course should be physically and mentally fit to withstand the rigours of training.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply.

COURSE CONTENT

- ◆ Legislation Incorporating the Health and Safety (First Aid) Regulations 1981, Guidance and Overview
- ◆ The Requirements of RIDDOR
- ◆ Introduction to First Aid
- ◆ The Methods of Basic Life Support Incorporating Rescue Breathing, Cardio Pulmonary Resuscitation (CPR), and Paediatric Life Support
- ◆ How to Place a Casualty in The Recovery Position
- ◆ The Contents of A First Aid Kit and Guidance on How to Use It
- ◆ The Injuries/Treatments of The Eye
- ◆ Transportation of A Patient in The Most Comfortable Manner
- ◆ The Different Types of Burns and Scalds and Their Respective Treatments
- ◆ Different Types of Fracture and Their Treatments
- ◆ The Human Circulatory System and Associated Wounds
- ◆ The Human Nervous System
- ◆ Management of An Unconscious Casualty

KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Record and report accidents and injuries in the workplace (RIDDOR)
- ◆ Administer basic life support and put a casualty in the recovery position correctly
- ◆ Treat any first aid/emergency situation in the work place

The training methods used for this course include a high proportion of discussion, supplemented with practical work and classroom based tutorials.

... To Book Your Course Call AFI Training on 08707 871 511