

# ROOFTOP SAFETY INCLUDING SAFE USE OF HARNESSES & LADDERS [Ref: RTS] ...

# AFI

## UPLIFT

In Collaboration With



### DURATION

1 Day

### WHO SHOULD ATTEND

This programme is designed for Managers and Supervisors and Operatives, who may need to work at heights, use ladders to do so and/or require fall arrest protection.

### AIM

To provide delegates with a thorough understanding of the need for safety, the legislation and dangers associated with working at heights.

To enable delegates to be competent when working on roofs and to safely and correctly use harnesses, ladders and steps.



AFI is pleased to be able to provide an extensive range of certified training courses in collaboration with Speedy Training.

Delegates should provide a passport photograph on the day of training for production of ID Cards.

Delegates attending this course should be physically and mentally fit to withstand the rigours of training. The content of this course includes awareness of periodic examinations of equipment. The course does not provide full training in maintenance of equipment. Additional training relating to this subject may be of benefit to delegates.

For training held at your own location please ensure you make available a classroom suitable for the number of delegates attending, with a 240v power supply. Please ensure the practical area is free from harm, suitable for training and that it has been risk assessed.

### COURSE CONTENT

- ◆ Legislation
- ◆ Organisation and Planning, Plus Risk Assessment
- ◆ Prevention of Falls
- ◆ Fall Arrest Systems
- ◆ Safety Awareness Including Practical Exercise
- ◆ Access to Roofs
- ◆ Safe Use of Ladders and Steps Including Practical Exercise

### KNOWLEDGE

By the end of the course, delegates will be able to:

- ◆ Summarise the Work at Height Regulations and associated legislation and be fully aware of their legal responsibilities
- ◆ Select the correct work equipment and restraint systems to help prevent falls from height thus reducing risk to themselves and others
- ◆ Carry out inspections of equipment to ensure they are safe and fit for purpose
- ◆ Safely select and fit a harness correctly
- ◆ Safely select, position and secure ladders as access points or to use for work

The training methods used for this course include a high proportion of discussion and group participation, supplemented with video and classroom based tutorials, as well as practical exercises.

... To Book Your Course Call AFI Training on 08707 871 511